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The Johns Hopkins University  
The Paul H. Nitze School of Advanced International Studies  
**BOLOGNA CENTER**

# THE 2012 IPSI GUIDE TO BOLOGNA, ITALY



*View from the Aemelia Hotel*

**THE 2012 BOLOGNA, ITALY SYMPOSIUM**  
ON CONFLICT PREVENTION, RESOLUTION, AND RECONCILIATION  
*June 16 – July 14, 2012*



# BOLOGNA, A GUIDE



Bologna is one of the most overlooked cities in Italy, and the Bolognese are happy to keep it that way. As you stroll by terracotta-colored buildings, walk down cobblestone streets, and then glance up to see “le due torri” (the two towers) in the background, you will know you are in a very special place.

Bologna has a wealth of museums, cathedrals, and sights that will fill your time here with ancient Italian culture. Bologna is also world-famous for its food and offers some of the most “squisiti piatti” (delicious dishes) in Italy.



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## BOLOGNA'S MUSEUMS, CATHEDRALS, AND OTHER SIGHTS [Google Map](#)



### Piazza Maggiore

Piazza Maggiore can be considered not only the center, but also the heart of Bologna. It is lined with majestic buildings in the Romanesque and Gothic style with *palazzos*, a basilica, an art gallery and a beautiful fountain. The buildings, which form a major part of this medieval square, were built between 1200 and 1400 A.D. One of the most beautiful symbols of this square is the Fontana del Nettuno (Neptune Fountain). Dedicated to the sea god Neptune, it is the work of Giambologna, completed between 1564 and 1566.



### San Petronio

Piazza Maggiore

This is the main church of Bologna. Interesting features include: a solar calendar on the east (left) side of the floor – when the sun shines in the oculus at the top of the church around midday, it lands on whatever day it is. In the early 1500s, by order of the Pope, Michelangelo lived and worked right behind San Petronio.



### Le Due Torri

Piazza della Porta Ravennana (walk all the way down San Vitale until it ends)

The towers Garisenda and Asinelli, built in the early 12<sup>th</sup> century, are two of the few towers still standing from at least 180 built during that time. Enjoy them from the outside, and if you feel like getting some cardiovascular exercise, take a hike up Asinelli's nearly 500 steps to enjoy a beautiful view of the city. Asinelli, 3 €. Open daily 9:00 to 18:00.



### Santuario della Madonna di San Luca

Climbing to San Luca is only partially about the church; the walk itself winds you through the longest continuous portico in the world, 3.5 km long, consisting of 666 arches, where you can see beautiful views of the Bolognese countryside from the top. Start your tour by heading to the southwest of the city, starting at Porta Saragozza and heading out of the city on via Saragozza. Stay on the right side of the sidewalk, and eventually you will be led up some steps to cross the street. Then follow the portico all the way up! At the top, there's also a great pizzeria, which tastes even better after the long walk! If you don't feel like walking all the way you can also take bus #20 from the stop in front of Palazzo Re Enzo and Piazza Nettuno towards "Casalecchio Centro", and get off at stop "Meloncello" to start right at the bottom of the big hill.



### Chiesa di Santo Stefano

Piazza Santo Stefano

Chiesa di Santo Stefano is not just one church, but a collection of seven churches/temples, built on top of one another, dating all the way from the first century C.E. (AD) to the end of the 16<sup>th</sup> century; beautiful courtyards and old treasures.



### Museo Civico Medievale

Via Manzoni, 4

The Museum contains exhibits from all around the world including numerous pieces of Pre-Colombian, Asiatic, and African art, other collections containing oriental arms, gold Lombard crosses, byzantine ivories, Murano glass, ceramics from Faenza, Turkish arquebuses, and many other items which represent the evolution of Medieval and Bolognese Renaissance art.



### MAMbo (Museo d'Arte Moderna di Bologna)

Via Don Minzoni, 14

<http://www.mambo-bologna.org/en/>

This massive modern art museum, more familiarly known as Mambo, opened in May 2007 near the Manifattura delle Arti arts complex in a former bread factory. The stone structure, with arched windows, soaring ceilings and exposed iron trusses, is already being called the Italian equivalent of the Tate Modern in London.



### Museo Internazionale e Biblioteca della Musica di Bologna

Strada Maggiore, 34

<http://www.museomusicabologna.it/info.htm>

This museum displays the exam on which Mozart potentially cheated to get into Bologna's music conservatory when he was a teenager, as well as some rare musical instruments. The museum often has free concerts and other events; just check the website, or walk in and ask.



### Museo Civico Archeologico di Bologna

Via dell'Archiginnasio, 2

<http://www.comune.bologna.it/museoarcheologico/inglese/informaz/informa.htm>

The Archaeological Museum of Bologna is located in the city center, inside Palazzo Galvani. This museum contains an interesting collection of 200,000 Egyptian, Etruscan, and Roman artifacts. It is said to hold one of the most complete Egyptian exhibitions outside Egypt. Admission: 4 EU.



### Biblioteca Salaborsa

Piazza Nettuno, 3

<http://www.bibliotecasalaborsa.it/documenti/8025>

Walk into the front of the library, go past the desk and you walk into what used to be the Bolognese stock exchange in the late 19<sup>th</sup> century (sala borsa = literally "purse room"). Look up first and check out all of the frescoes, painting and architecture. Now, look down, down, through the floor. What you see through the glass are the remains of the Roman forum of Bologna dating back to the 7<sup>th</sup> century B.C.E. (Closed Sunday)



### June – July 2012 Events, Festivals, and Concerts in Emilia-Romagna:

- [http://www.bolognafiere.it/en/calendario/cronologico\\_corrente](http://www.bolognafiere.it/en/calendario/cronologico_corrente)
- <http://www.bologna.world-guides.com/events.html>
- [http://www.travelplan.it/bologna\\_guide\\_events.htm](http://www.travelplan.it/bologna_guide_events.htm)



## DAY TRIPS NEAR BOLOGNA

### Ferrara



The **Duomo San Romano** is an unbelievable site from afar, with a triple façade sculpted in the 12<sup>th</sup> century (Free, Open 7:30-12:00 and 15:00-18:30 daily, Piazza Cattedrale). Also, take a walk through the **Castello Estense** (7 €, open Tues-Sun 9:30 – 16:45; you can walk through the courtyard free), a moated castle, which houses the tourist information office. As in many Italian cities, as you walk around Ferrara keep your eyes open for beautiful courtyards. Tourist Office, Castello Estense - Head straight out of the station down via Arturo Cassoli and just keep on that street for a while and wander a couple of blocks to your left (<http://www.artecultura.fe.it/index.phtml?id=312>); Ferrara is only a 30 minute train ride (8 € round-trip) from Bologna.

### Ravenna



Ravenna has some of the most incredible and beautiful mosaics in the world (<http://www.ravennamosaici.it/>). This is MUST SEE while you're in Emilia-Romagna. The ceiling of the **Basilica San Vitale** is literally covered by these little pieces of colored tile, as is the entire interior of the **Mausoleo di Galla Placidia** a small structure right behind it (via San Vitale 17). Look for the random hands and feet on the mosaic columns and curtains on one wall of the **Basilica di Sant'Apollinare Nuovo**, as some mosaics of people were removed during the Iconoclasm (corner of Via di Roma & Via G. Carducci). For additional mosaics, take bus 4 or 44 from the train station to **Basilica di Sant'Apollinare in Classe** (3€). Also, stop by **Dante's Tomb** (via Dante Aligheri), and although there's not much to see, you could still read some of *La Divina Commedia* over this Italian poet's final resting place. Individual tickets are not available for five of Ravenna's sites, but the **Ravenna Card** (Biglietto Unico) covers them all: the Basilica di San Vitale, Basilica di Sant'Apollinare Nuovo, Battistero Neoniano, Mausoleo di Gallo Placidia, and Museo Arcivescovile is 8.50 €. You can buy the card at any of those sights. Ravenna is about 1½ hours via train from Bologna. Tourist Office - Via Salara 8, walk straight out of the train station down Viale Farini, and at the end of Piazza del Popolo, take a right and follow the signs. <http://www.turismo.ravenna.it/index.php?lang=2>

### Verona



Although perhaps most famous as the setting for Shakespeare's love story, there is much more to Verona than the much abused statue of Juliet. There's a **Roman Arena** from the first century AD in the middle of Verona (Piazza Brà). The crumbling **Teatro Romano** offers great views of the city from across the river (via Regaste Redentore 2). **Piazza Erbe** and **Piazza dei Signori** are fun markets to walk through, although they can sometimes be crowded with tourists. Verona is about a 1½ hour train ride from Bologna. Tourist Offices – one at the train station, and another at V. degli Alpini 9, around the corner from the Arena. <http://www.tourism.verona.it/>



## Parma



Yes, this is the town from which the famous Parmigiano Reggiano got its name, although it is perhaps more famous in Italy for its *prosciutto crudo*. But this town has much more than food. Only about an hour away by train, Parma is worth checking out for a walk around the beautiful old center of town and to see some architecture. Make sure to stop by the **Teatro Regio**, where they used to hold fake naval battles by filling the area where the stage is with water (Via Garibaldi 16, near Piazza della Pace, 1 € students, Open M-Sat 10:30-12:00). The **Battistero** is reminiscent of the one in Florence, except without the throngs of tourists, and you can actually go inside and see some of its treasures (5 € Open 9:00-12:30 and 15:00-18:30 daily). The **Duomo** right next door, houses some beautiful frescoes, including some by the Renaissance painter, Correggio (Free, Open 9:00-12:30, 15:00-19:00 daily, both the Battistero and the Duomo are on Piazza del Duomo). Tourist Office - Via Melloni, 1/a - When exiting the train station, follow via Verdi, the street straight ahead on the left, all the way down through the arches to the Piazza della Pace. Once you hit Piazza della Pace, take your first left and it will be a

couple of doors down. <http://turismo.comune.parma.it/>

Also, don't forget that Bologna is one of Italy's main train hubs, and trains direct to Venice (2hrs), Milan (2hrs), Florence (1hr), and Rome (3hrs) depart many times each day!

Trenitalia Website: <http://www.ferroviedellostato.it/>



Remember to **validate your ticket** at one of the "Convalida" yellow boxes **BEFORE** boarding!





## LUOGHI PER MANGIARE! (PLACES TO EAT!) [Google Map](#)



Known as “la grossa” (the fat) because of its gastronomic delights, Bologna has become a must-eat destination for foodies from around the world. In that respect, there is no shortage of delicious restaurants, osterias, pizzerias, and gelaterias. Bologna’s role as a major center of academic and student culture allows for relatively inexpensive food, especially compared to other popular tourist destinations in Italy like Venice and Rome. A traditional pizza margherita (tomato sauce, mozzarella, and basil) from a take-away restaurant will cost about 3.50 Euros. Keep in mind that you cannot get take-out everywhere. Look for “da asporto” (to take away), or ask before you order, “Potrei portare via?” (Can I take away?). Also, you usually can’t take home leftovers, so eat up!

### **Local dishes to try**

Tortellini in Brodo (meat-filled tortellini in broth); Mortadella (a large Italian sausage or cold cut made of finely hashed/ground heat-cured pork sausage); Pasta Bolognese (butter/cream based meat sauce); *Vegetarian Friendly (always ask twice to make sure it doesn’t have meat):* Piadina (between a wrap and a panino); fresh pasta (specifically tortellini & tortelloni)



*Notes on business hours:* Most restaurants, osterias, and even take-away pizza places are open for both lunch (11:00-14:00 or 15:00) and dinner (18:00-23:00), but few if any stay open during the afternoon. Many close for one day a week, usually Sunday or Monday. Bars (i.e. cafes) are open from 7:00 or 8:00 until 18:00 or 19:00, and some stay open later depending on the location. Nearly all bars are closed on Sundays. Gelaterias are usually open from around lunchtime until 22:00. Some gelaterias close once a week; again usually on Sunday or Monday.



## **RISTORANTI (FOR DINNER)**



### **Belle Arti – Trattoria, Pizzeria, Enoteca**

Via Belle Arti 14

Tel: +39 051 225581

Very tasty pizzas and salads; only a short walk from SAIS



### **Osteria la Traviata**

Via Urbana, 5/c

Tel: +39 051 331298

Everything here is incredible; fresh, homemade, and delicious! Their tiramisu is especially good – you will never think of it the same way again.



**Scalinatella – Ristorante Pizzeria**

Via Caduti di Cefalonia 5/e  
Tel. 051-262083

Built into the side of one of the 20 remaining towers in Bologna; really fun atmosphere, nice people, and pizzas are great here; very reasonable prices (Open everyday)



**Da Cesarina**

Via Santo Stefano 19  
Tel. +39 051-232037

Nice place for a fancy dinner; not too expensive; good food –the tortellini in brodo is recommended



**Pizzeria Spacca Napoli**

Via San Vitale, 45  
Probably the best, least expensive pizza you will ever eat, anywhere, ever

**Antica Caffè del Corso**

Via Santo Stefano, 33  
Many tasty pizza options

**PER PRANZARE! (FOR LUNCH)**

Here are a few particularly good places, but there are quaint bars and cafes all over, so go find your own special spot!



**La Tua Piadina (3 locations)**

- 1) Via Borgonuovo 17, tel. 051-270959 (closed Sat)
- 2) Viale Silvani 12, tel. 051-6490758 (closed Sat)
- 3) Via del Pratello 51, tel. 051-558521 (closed Sun)

Try the piadine (a typical Emilia-Romagna dish), mostly for take-away, with some seating inside



**Terra del Sole**

Via Giuseppe Petroni, 3/b

*Directions:* from the hotel, go down San Vitale, take a right on via Petroni; it is a few doors down on your right (it usually has a chalkboard sign with a scarecrow in front); Vegetarian-focused; good panini and couscous



**Centro Natura**

Via degli Albari, 6  
Tel: +39 051-235643

Delicious organic vegetarian restaurant that has vegan options available daily; great communal atmosphere, with big wooden tables and cafeteria-style serving. They also offer yoga and other exercise classes. Closed Sunday Evenings. <http://www.centronatura.it>



## **GELATERIE**

*Gelato tip:* With gelato, you can almost always get “due gusti” (2 flavors) even if you get the smallest size, so definitely try out different delicious combinations!



### **Gelateria Novecento**

Via Masserenti, 22 (right around the corner from Aemilia Hotel)

AMAZING gelato – they make the stracciatella on the spot, pouring melted chocolate over the cream gelato.

### **Il Gelatauro**

Via San Vitale (VERY close to Johns Hopkins SAIS Bologna Center)

They use organic produce, flour, sugar and butter. You will find no artificial colors, flavors or additives.

### **La Sorbetteria Castiglione**

Via Castiglione, 44

Delicious unusual combinations of gelato; flavors include “Michelangelo” with almonds, chocolate & liqueur, and “Cermine Ludovico” with hazelnuts, chocolate and vanilla. <http://www.lasorbetteria.it/index.php>

### **Cremeria Funivia**

Via Porrettana 158/4d

In an evocative (and romantic) location, next to Piazza Cavour. We know from good source that this might be the best gelato in Bologna. Don't leave without trying the “Cavour”.

### **La Cremeria**

Corner of via Santo Stefano and via Remorsella

Their gelato is creamier than most





## MARKETS



**Mercato Delle Erbe** <http://www.mercatodelleerbe.it/>

Via Ugo Bassi, 25 (On the right side of the street coming from the center, with a big neon sign marking the entrance); A HUGE indoor market with vegetable, fruit, cheese, fish, and meat stands. Closed Thurs. Aft., Sat. Aft. & Sun.

**Ex Mercato di Mezzo**

Via degli Orefici & Via Pescherie Vecchie (streets to the left of Piazza Maggiore if facing San Petronio); This market is a bit more expensive, but it's open air and fun to walk through!

**Coop** <http://www.e-coop.it/> Via Masserenti, 102 (take a right out of the hotel and left on via Masserenti, it's a few blocks down on your left); this is a supermarket chain in Italy; it has good products and is cheaper than the prevalent *PlentyMarkets*.

### Il Caffè Bazaar

Via Guerrazzi, 8 <http://www.caffebazar.com/>

Specialty wine and chocolate store – they have sales running constantly.

### Tamburini

Via Caprarie, 1

The most famous homemade pasta in the city; walk through just to look at the options!





## BOLOGNA'S NIGHTLIFE [Google Map](#)

Bologna is a university town and has a vibrant nightlife. Take a walk along via Zamboni, in the university sector, or spend your evening in the central Piazza Maggiore or Piazza Santo Stefano.

Here are some suggestions:

### *ENOTECAS (WINE BARS) AND APERITIVI*

List of additional wine bars in Bologna: <http://www.2torri.it/WineBar/>

#### **Godot Wine Bar**

Via Cartoleria, 12

With an extensive wine list and delicious food, this wine bar will not disappoint

#### **Pane Vino e San Daniele**

Via Altabella 3/a; Via Irnerio 10

Wine bar and restaurant: <http://www.panevinospa.it/>

#### **Enoteca Italiana**

Via Marsala 2/b

Great place for a caffè during the day or a glass of wine in the evening: <http://www.enotecaitaliana.it> (Open 7:30 – 21:30)

#### **Le Petit Cafè**

Strada Maggiore, 25

Good for a drink and a delicious spread of aperitivi (little snacks).

#### **Ristoro delle Fate**

Via Zamboni, 24/f

Homemade cooking & cocktails.

### *STUDENT HANGOUTS*

#### **Osteria dell'Orsa**

Via Mentana, 1/F

Popular student hangout

#### **Cantina Bentivoglio**

Via Mascarella 4/b

A hopping spot with live jazz every night plus drinks and light food





### *BARS/PUBS*

#### **Il Cortile Café**

Via Nazario Sauro, 24

#### **Celtic Druid**

Via Caduti di Cefalonia, 5

If you're looking for an English-speaking bunch, this is the spot; Irish Pub feel

#### **English Empire**

Via Zamboni 24/a



### *CLUBS*



#### **Chalet dei Giardini Margherita**

Viale Meliconi, 1, Giardini Margherita

In the middle of a giant park, you can dance outside or just sit on the grass and enjoy your drink. <http://www.chaletdeigiardinimargherita.it>

#### **Cassero**

Via don Minzoni, 18

With a huge dance hall, this club attracts students and locals. It is popular with the gay community, but also fun for anyone who loves to dance. The downside: a cover to get in (cost: from 3-10 €) plus a one-time purchase of an Arcigay month card (8 €) for entrance.

#### **Soda Pops**

Via Castel Tialto, 6

If house music, pop music, and crowded loud spaces are your thing, this club is for you. Soda Pops is usually "no cover" and completely packed; close to the hotel <http://www.sodapops.it>.



## PLACES OF WORSHIP IN BOLOGNA

### **Christian Catholic churches (close to the university area)**

<http://www.bologna.chiesacattolica.it/>

#### **Parish of Santa Caterina of Strada Maggiore**

Via Torleone 2

Phone (+39) 051.34.68.62

#### **Basilica of San Giacomo Maggiore**

Via Zamboni 15

Phone (+39) 051.22.59.70

#### **Parish of Santa Maria Maddalena**

via Zamboni 47

Phone (+39) 051.24.40.60

#### **Parish of San Vitale and Agricola in Arena**

via S Vitale 50

Phone (+39) 051.22.05.70

### **Christian Methodist Church**

Via G. Venezian, 1 - Bologna

Phone (+39) 051239227

e-mail: [info@metodistibologna.it](mailto:info@metodistibologna.it)

[http://www.metodistibologna.it/?page\\_id=494/](http://www.metodistibologna.it/?page_id=494/)

Timetable of worship services:

Every Sunday at 11.00 a.m.

The last Sunday of the month worship in English at 2.30 pm

### **Bologna Jewish community**

via de' Gombruti 9

051 232066

#### **Shabbat services**

Friday evening: 7h30 PM

Saturday morning: 9 AM (kiddush follows)

(for moadim, please check with community secretary)

[http://www.comunitadibologna.it/index.php?option=com\\_content&task=view&id=74](http://www.comunitadibologna.it/index.php?option=com_content&task=view&id=74)





### **Eben Ezer Evangelic Church**

via Corticella 215

051.70.58.69

<http://www.ebenezerbologna.org/index.html>

### **Jehovah's Witnesses in Bologna**

#### **In Italian**

via Papini 7

051/4187206

Thursday 7.00 pm and 8.00 pm

Friday 7.30 pm

Saturday 5.30 pm

Sunday 9.30 a.m and 5.30 pm

#### **Other languages:**

Albanese: Thursday 8 pm, Sunday 9.30 am, via Giovanni XXIII 47, San Lazzaro di Savena (BO)

Arab: Thursday 8 pm, Sunday 10.00 am, via Giovanni XXIII 47, San Lazzaro di Savena (BO)

Bengali: Thursday 7.00 pm, Sunday 4.30 pm, via Mondo 27, Bologna

Chinese: Tuesday 7.30 pm, Sunday 3.00 pm, via Papini 7, Bologna

French: Friday 8.00 pm, Sunday 5.30 pm, via Papini 7, Bologna

English : Wednesday 7.30 pm, Sunday 11.00 am, via Papini 7, Bologna

Polish: Thursday 8.00 pm, Sunday 3.00 pm, via Giovanni XXIII 47, San Lazzaro di Savena (BO)

Portuguese: Sunday 11.00 am, via Giovanni XXIII 47, San Lazzaro di Savena (BO)

Romanian: Wednesday 8.00 pm, Sunday 4.30 pm, via Giovanni XXIII 47, San Lazzaro di Savena (BO)

Russian: Saturday 2.30 pm, Sunday 2.30, via Papini 7, Bologna

Cingalese: Sunday 10.30 am, via Papini 7, Bologna

Spanish: Thursday 8.00 pm, Sunday 10.30 am, via Mondo 27, Bologna

Tagalog: Wednesday 7.30 pm, Sunday 12.30 pm, via Papini 7, Bologna

### **An-Nûr (The Light) Mosque**

(Center for Islamic Culture in Bologna)

via Pallavicini 13

051.60.11.116

[http://www.corano.it/menu\\_sx.html](http://www.corano.it/menu_sx.html)

### **Diamond Way Buddhist Center in Bologna**

via S. Stefano 61

(+39) 347 23 28 619

Weekly meditation

Tuesday at 9.15 pm and Friday 8.15 pm

<http://www.buddhism.it/activity/actBologna.html>



## EMERGENCY SERVICES

- Polizia (Police)  
**113**
- Bologna Soccorso (medical emergency, equivalent of 911)  
**118**
- Vigili del Fuoco (fire rescue)  
**115**
- Soccorso Stradale ACI (automobile problems, equivalent of AAA)  
**116**
- Taxi in Bologna  
**051-4590**
- <http://www.esteri.it/MAE/EN/Ministero/Servizi/Stranieri>  
Information for foreigners in Italy, including foreign diplomatic representations in Italy
- <http://www.comune.bologna.it/servizi/sicurezza/sicurezza.php>  
City of Bologna's emergency information webpage (in Italian), with links to emergency services web pages (fire, police, women & child services, etc.)





## ITALIAN KEY WORDS AND PHRASES

A note on pronunciation: Italians pronounce all vowels (ex. pace *pah-chay* - peace), and so words sound exactly as they look; you just have to learn how to make some of the sounds. Here are some key ones which differ strongly from English pronunciation:

gli – *lee*      ci/ce – *chi/chay*      ca/co/chi – *kaa/koh/key*

Grazie – Thank you

Prego – You're welcome

Per favore *Pear fah-voor-ay* – please

Permesso – Excuse me (can I get by)

Scusi! – Excuse me (when you're trying to get someone's attention or if you accidentally bump into someone)

oggi *oh-gee* – today

domani – tomorrow

ieri *yair-ee* – yesterday

Buon giorno *Bwon-jor-noh* – Good morning!

Buona sera – Good evening

Buona notte – Good night

Basta – Enough

Mi dispiace – I'm sorry

### **Alla stazione (at the station)**

treno – train

binario – track

in ritardo – late

convalida - validation

Qual binario per il treno per Napoli?

*Kwal bee-nahr-ee-o pear ill tray-no pear nah-poe-li* – What is the track for the train to Napoli?

Frecciarossa – the fast train

### **Al Bar**

Vorrei... *voor-ay* – I would like...

una spremuta d'arancia *spray-moo-tah da' ah-rahn-cha*

– freshly squeezed glass of orange juice

un brioche *bree-oshe* – a croissant

con marmellata – with marmalade

con cioccolata – with chocolate

con crema – with custard

un caffè – espresso

un caffè macchiato – espresso w/cream

### **Al Ristorante**

*You might hear:*

Vorrebbe qualcosa da bere? – Would you like something to drink?

Quante persone? – How many people?

Siete pronti? – Are you all ready (to order)?



*You might say:*

Qual è il suo piatto preferito? *Kwal eh ill sue-o pee-aht-o preh-fair-ee-toe* – What is your favorite dish?

Non mangio la carne. *Nonn mahn-joe lah car-nay* – I don't eat meat

Sono vegetariana/o – I am vegetarian.

Il conto per favore. – The check please.

Un attimo, per favore. – One minute, please.

Vorrei un bicchiere di... - I would like a glass of...

vino rosso – red wine

vino bianco – white wine

acqua naturale/frizzante – flat/fizzy water

Per portare via – to take away

Ho allergie alimentari – I have food allergies

### **Cibo (Food)**

peperoni - peppers (not the meat)

cipolla – onion

aglio – garlic

frutti di mare – seafood

pomodoro – tomato

peperoncino – hot pepper

pesce *pe-sh-ay* – fish

pesca *pes-ka* – peach

mela – apple

banana – banana

ananas – pineapple

fragola – strawberry

frutti di bosco – mix of black berries and raspberries

mirtillo – blueberry

### **Fare La Spesa (to go shopping)**

Sto cercando per una/un... *Stow chair-kan-do pear oon-a* - I am looking for a...

taglio *tall-ee-oh*– size

piccolo – small, mediano – medium, grande – large

le scarpe *skar-pay* – shoes

la sciarpa *shar – pah* – scarf

i pantaloni – pants

la gonna – skirt

la giacca – jacket

il cappello – hat

la borsa – bag/purse

la borsetta – smaller bag/purse

i bagagli – baggage

la camicia – shirt

la maglia – sweater

Quanto costa? *Kwan-toe ko-sta* – How much does it cost?

Potrei provarlo? *Poe-tray pro-vahr-low* – Can I try it?